

# M. Faraz Afzal

## SHES Supervisor

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A dedicated HSE Supervisor with a proven track record of implementing robust safety programs and ensuring compliance with industry regulations. Experienced in hazard identification, risk assessment, and fostering a culture of safety. Seeking to contribute expertise to organizations committed to employee well-being and regulatory adherence.

## Experience

*Dec 2023 till date*

**HSE Officer, Eleco | NFXP EPC 3 Ras Laffan Qatar**

- Collaborated with cross-functional teams to provide safety oversight for the construction of the NFXP-3.
- Developed and delivered daily Toolbox Talks, providing relevant topics to supervisors and workers to enhance safety awareness.
- Successfully implemented and maintained the Permit to Work (PTW) system, ensuring safe work processes.
- Conducted thorough inspections of tools, equipment, and scaffolding, identifying, and rectifying potential safety hazards.
- Led hazard identification and risk assessment processes for specific operations, contributing to safer work practices.
- Supervised temporary work areas, ensuring compliance with safety protocols, and minimizing risks.

*JAN 2021- JUNE 2023*

**HSE Officer, Eleco | EPC 1, Duqm Refinery, Oman**

- Collaborated with cross-functional teams to provide safety oversight for the construction of the Duqm Refinery project.
- Developed and delivered daily Toolbox Talks, providing relevant topics to supervisors and workers to enhance safety awareness.
- Successfully implemented and maintained the Permit to Work (PTW) system, ensuring safe work processes.

- Conducted thorough inspections of tools, equipment, and scaffolding, identifying, and rectifying potential safety hazards.
- Led hazard identification and risk assessment processes for specific operations, contributing to safer work practices.
- Supervised temporary work areas, ensuring compliance with safety protocols, and minimizing risks.

*FEBRUARY 2019 - NOV 2020*

***HSE Supervisor, Al Hadeesa | Daleel, Oman***

- Provided comprehensive safety oversight for activities
- Implemented effective job hazard analysis (Jha) practices, reducing workplace accidents by identifying and addressing potential hazards.
- Played a vital role in hazardous waste management, ensuring proper handling, containment, and disposal.

*MARCH 2018 - NOV 2018*

***HSE Officer, Daeah Engineering & Construction | Suhar, Oman***

- Conducted regular safety audits, identifying, and addressing potential hazards and recommending preventive measures.
- Ensured the proper handling, storage, and disposal of hazardous materials in compliance with industry standards.
- Participated in the development of emergency response plans and contributed to their implementation.

## **Skills**

- Risk Assessment
- Toolbox Talks
- Permit to Work (PTW)
- Hazard Identification
- Emergency Response Planning Safety Auditing
- Hazardous Materials Handling
- Job Hazard Analysis (JHA) Health and Safety Compliance
- Incident Investigation

## Achievements

- Received an Appreciation Certificate for outstanding performance from TRD (Tecnicas Reunidas Daewoo joint venture) in June 2022.
- Received an Appreciation Certificate for safety outstanding employee (June 2023) from EPC 1, Duqm Refinery, Oman.

## Certificates

- NEBOSH (National Examination Board in Occupational Safety and Health)
- IOSH (Institution of Occupational Safety and Health)



nebosh

# NEBOSH International General Certificate in Occupational Health and Safety

This is to certify that

**Muhammad Faraz Afzal**

was awarded this qualification on

10 July 2023

Les Philpott  
Chair

Dee Arp  
Accountable Officer

Master log certificate No: 00759586/1367014

SQA Ref: R630 04



The National Examination Board in  
Occupational Safety and Health

Registered in England & Wales No. 2698100  
A Charitable Company Charity No. 1010444





This is a certificate awarded to

**Muhammad Faraz Afzal**

on successfully completing

**Managing Safely**

a course approved and validated by the

**Institution of Occupational Safety and Health**

in association with

**ACME Institute of Safety Professionals**

*Approved Centre: 3278*

Signed on behalf of IOSH

*Vanessa Hameed-Ul-Islam*

Chief Executive

Course Organiser







中国化学工程第十一建设有限公司

China Eleventh Chemical Construction Co., Ltd

## CERTIFICATE OF APPRECIATION

To Whom It May Concern.

This is certify that Mr. MUHAMMAD FARAZ AFZAL Passport No/Civil ID. 120652892 has been employed by China Eleventh Chemical Construction Co., Ltd.as SAFETY OFFICER in OMAN DUQM REFINERY PROJECT, from 23th Jan 2021 till 30th Jun 2022. He left the company upon his job finished.

With effect from the date specified above, he have no liabilities with our company and wish his success in his future endeavors.

杜晓

Project manager: DU XIAO







中国化学工程第十一建设有限公司

China Eleventh Chemical Construction Co., Ltd

## CERTIFICATE OF APPRECIATION

To Whom It May Concern.

This is certify that Mr.MUHAMMAD FARAZ AFZAL. Passport No/Civil ID. HB1519172 has been employed by China Eleventh Chemical Construction Co., Ltd. as SAFETY OFFICER in OMAN DUQM REFINERY PROJECT, from 9th JAN 2023 till 26th JUN 2023. He left the company upon his job finished.

With effect from the date specified above, he have no liabilities with our company and wish his success in his future endeavors.



Project Manager: Jin Haiqiao





QQ8 DUQM REFINERY  
EPC PACKAGE 1 - PROCESS UNITS



# Certificate of Appreciation

Mr. FARAZ AFZAL

Project ID#119167, Safety Officer – ELECO

In Recognition of his valuable efforts & commitment towards enhancing Site Safety Culture at EPC-1 TRDJV Package at Duqm Refinery Project, Sultanate of Oman, Duqm.

Awarded – June, 2022.

Mohammed Gousuddin  
TRD Deputy HSSE Manager



Marco Andre Reis  
TRD HSSE Manager





DUQM REFINERY PROJECT-PACKAGE 1

阿曼 DUQM 炼油项目

# CERTIFICATE of APPRECIATION

## 荣誉证书

**MD FARAZ AFZHAL (119167)**


**HSE OFFICER**

China Eleventh Chemical Construction Company LTD.

*Safety Outstanding Employee*

安全先进个人

JUNE  
2023

  
**VISWANATH PRATHA**

HSSE MANAGER



  
**JIN HAIQIAO**

PROJECT MANAGER